



LYMEXICO
DR OMAR MORALES

POST TREATMENT PEPTIDES & SUPPLEMENTS

CEREBROLYSIN

INTRAMUSCULAR/CAPSULES

Cognitive Dysfunction, Memory, Dementia, Stroke, Depression, TBI, ADHD, Immunity Inflammation, Anti-Aging, Antioxidant, and Sleep.

**Content/Potency: 215mg/mL. Intramuscular Dosage: 2mL daily for 5 days. (4 Week Course).
Oral Dosage: 1 capsule per day for 4 weeks.**

AOD

SUBCUTANEOUS

Weight Loss, Inflammation, Healing, Rejuvenation, Cognitive Sleep, and Anti-Aging

Content/Potency: 2 x 5ml at 1200mcg/m Dosage: .25mL daily for 40 days.

CJC1295

SUBCUTANEOUS

Growth Hormone Stimulation, Immunity, Anti-Aging, Weight Loss, and Cognitive.

Content/Potency: 1x5 mL at 2000mcg/mL. Dosage: .10 mL daily for 5 days for a total of 10 week course.

FOLLISTATIN

SUBCUTANEOUS

Weight Loss, and Muscle Building

Content/Potency: 1000mcg/mL x 1mL Dosage Muscle Building: .1 mL daily. Dosage Weight Loss: .1 mL weekly for 10 weeks.

MELATONAN II

SUBCUTANEOUS

Tanning, Weight Loss, and Libido

Content/Potency: 5 mL at 200mcg. Dosage .25 mL daily for 1-2 weeks then .25 mL twice weekly for maintenance.



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PT 141

SUBCUTANEOUS

Libido, Weight-loss, Tanning.

Content/Potency: 10mg x 2mL vials. Dosage: .2 mL 4 hours prior to activity.

SARM

INTRAMUSCULAR

Testosterone agonist w/o Estrogen and DHT formation. Libido, Anti-aging, Weight-loss

Content/Potency: 10mL at 2000mcg/mL. Dosage: .25mL Bilateral daily for 5 days. (8 Week Course)

THYMOSIN ALPHA 1

SUBCUTANEOUS

Immune boosting for Chronic Infection Cancer, Immunity, Inflammation, Anti-aging, Cognitive, Antioxidant.

Content/Potency: 3000mcg/mLx5mL Dosage:.25 ml twice daily for 5 days.

THYMOSIN BETA 4

SUBCUTANEOUS/CAPSULES

Immune Modulation, Cancer, Rejuvenation, NeuroJuvenation, Immunity, Inflammation, Anti-aging, Cognitive, Antioxidant.

Content/Potency: 3000mcg/mLx5mL. Dosage: .25 mL twice daily for 10 days.

BPC 157

SUBCUTANEOUS

Systemic or GI inflammation, Healing, GI Rejuvenation, Immunity, Inflammation, Anti-Aging, Cognitive, Antioxidant.

Content/Potency: 1x5 mL at a concentration of 2000mcg.:Dosage: .1mL daily for 7 days.

EPITHALON

SUBCUTANEOUS

Immunity, Cancer, Sleep, Anti-Aging, Telomere Lengthening, DNA Repair, Antioxidant, Cognitive.

Content/Potency: 2x5mL at 3000mcg. Dosage: .2mL every morning x10 days.



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MGF

SUBCUTANEOUS

Muscle Pain, Muscle Building, Anti-Aging, Weight-Loss and Cognitive.

Content/Potency: 1x5mL at 2000mcg/mL. Dosage:.2mL once daily x5 days.

THYMULIN

SUBCUTANEOUS

Immune modulation, Cancer, Rejuvenation, Neuro-rejuvenation, Muscle pain

Content/Potency: 1 x 5ml at 1000mcg. Dosage: .1ml once daily for 5 days

LL37

SUBCUTANEOUS

Antibiofilm, Chronic Infections, Lyme, Anti-bacterial, Anti-viral, Anti-parasitic

Content/Potency: 1 x 5ml at 1000mcg. Dosage: Start with .03ml once daily for 7 days; increase to .05ml once daily for 10 days; increase to .07ml once daily for 10 days; increase to .1ml once daily for 10 days

MEMORALL

CAPSULE

Brain Support, Neurologic & Cognitive, Supports braing tissue.

MemorAll™ is a unique combination of nutrients and botanicals that supports cognitive function and a healthy memory. It features select B vitamins, including Quatrefolic®, a patented form of 5-MTHF; the herbs Ginkgo biloba and Bacopa monnieri; nutrients that provide antioxidant activity; and brain-specific nutrients such as vinpocetine, acetyl-L-carnitine, and sunflower-derived phosphatidylserine. This comprehensive formula addresses the multiple pathways involved in neurological health by supporting oxidant and cytokine balance, methylation, mitochondrial function, and endocrine balance

Take 1 Capsule daily. Can increase to twice daily if liked.



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B ACTIV

CAPSULE

Adrenal Support, Immune System Support, Relaxation, Sleep, Thyroid Support, Supports bodies Adaptogenic response, Immune Function, Antioxidant, and mood.

B Activ® contains the entire spectrum of B vitamins to support adrenal, neurological, and stress-related functions. It features activated forms of vitamins B2, B6, and B12; benfotiamine, a fat soluble, more physiologically active form of thiamin; and folate as Quatrefolic®, which is proven to have greater stability, solubility, and bioavailability over calcium salt forms of 5-MTHF.

Take 2 Capsules daily may increase to 2 capsules twice daily if need be.

D3 5000

SOFTGEL

Blood sugar support, bone health support, Cardiovascular support, immune system, joint and muscle support, neurological and cognitive support, dental support, modulation of immune function, supports healthy cell differentiation, Musculoskeletal support, vitamin D Repletion and liver support.

D3 5000™ contains vitamin D3 (cholecalciferol) in convenient softgels. Vitamin D3 is the bioidentical form of vitamin D synthesized in the body from cholesterol, following activation by the UV rays in sunlight. This form is excellent for maintaining healthy levels of vitamin D in the body. Mounting evidence suggests roles for vitamin D not only in bone health, but also in supporting immune, neurological, musculoskeletal, cellular, and cardiovascular health.*

Take 1 SoftGel daily.

OPTIMAG 125

CAPSULES

Magnesium, the fourth most abundant mineral in the human body, plays a role in over 300 metabolic processes. It participates in the development and maintenance of bones and teeth; the metabolism of carbohydrates, blood glucose, fats, and proteins; the formation of cells and tissues; and the maintenance of muscle function, including cardiac muscle. OptiMag® 125 contains Albion®'s TRAACS® magnesium lysinate glycinate (mineral amino acid chelate) and Albion's chelated dimagnesium malate—both formulated for enhanced absorption. Malic acid (from di-magnesium malate) supports energy production and lactic acid clearance via the Krebs cycle. Malic acid may also support antioxidant systems by enhancing glutathione and antioxidant enzymes.*

Take 1-2 capsules twice daily



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MOOD FOOD ES

CAPSULES

Mood Food ES™ combines the same vitamins, minerals, and amino acids as first generation Mood Food™. Modification in quantities of ingredients, plus the addition of Suntheanine®, vitamin C, and selenium, further enhance synthesis of chemical messengers that support calmness, a healthy mood, and a healthy nervous system.

Take 2 capsules once or twice daily

ADRENAL ESSENCE

CAPSULE

Adrenal Essence® is a comprehensive blend of standardized extracts of the highest-quality adaptogenic herbs plus three B vitamins. These ingredients aid in adrenal hormone production and support the body's adaptogenic response. The formula is designed to support healthy energy levels, antioxidant activity, and healthy immune function.*

Take 1 Capsule twice daily

MEDCAPS DPO

CAPSULE

Detoxification, Liver Support, Liver energy Generation, natural Antioxidant Mechanisms.

MedCaps DPO™ is formulated to support phase I and phase II detoxification, hence the term "Dual-Phase Optimizers." Ellagic acid, catechins, glucosinolates, silymarin, artichoke leaf, alpha-lipoic acid, methylsulfonylmethane (MSM), N-acetyl-L-cysteine (NAC), and calcium D-glucarate support critical steps in the complex process of detoxification—a function essential to overall health and vitality. This unique formula provides activated B vitamins for enhanced bioavailability, including 5-methyltetrahydrofolate (5-MTHF) as Quatrefolic® for optimal folate utilization. MedCaps DPO provides antioxidant support to minimize the damaging effects of free radicals generated between the two phases.*

Take 2 Capsules daily.

MONOPURE

SOFTGEL

Blood sugar, cardiovascular support, Detoxification, essential fatty acids, neurological and cognitive support, body composition, positively affects the production of arachidonic acid derived elcosanoids, supports healthy mental functioning, and healthy Glucose and Insulin metabolism.

Omega MonoPure® 1300 EC features natural enzymatically enhanced MaxSimil® monoglyceride fish oil that has a three times greater EPA/DHA absorption rate than an equivalent dose of ethyl ester fish oil. This IFOS five-star certified fish oil outperforms other fish oil supplements through MaxSimil patented lipid absorption enhancement technology (PLATform).*

Take 1 SoftGel daily.



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RELAXMAX

POWDER

RelaxMax™ is an innovative powdered drink mix without flavoring components. It contains a blend of ingredients that supports the body's natural synthesis of catecholamines, the inhibitory neurotransmitter GABA, hormonal balance, and healthy glucose metabolism. RelaxMax aims to promote a calm, relaxed, well-balanced emotional and physiological state

Dissolve 1 scoop into 6 fl. Ounces of cool pure water. Drink once to two times daily

VISION SUPPORT FORMULA

CAPSULE

Prevention is often better than cure and this is very true when it comes to vision and maintaining eye health. The eyes are constantly exposed to the environment and they need special support to ensure they remain healthy. Lutein is one of the compounds that is well-known for its ability to support eye health. Astaxanthin is another nutrient well known for its ability to support vision and Astaxanthin may help to sharpen vision. Zinc is required to keep your eyes in tip top shape. Vitamins A, C, and E are essential for overall visual health. The Vision Support Formula supplement by Complementary Prescriptions offers you top quality nutrients designed to support and promote optimal eye health and function. The supplement includes nutrients that support and protect the eyes. They help to reduce symptoms of fatigue and they promote blood flow to the eyes to ensure optimal visual health

Take 2 Capsules Daily

BIODIM

CAPSULE

We have been told and may understand the importance of eating a well-balanced and full diet loaded with a wide range of fruits and vegetables. There are endless health benefits of having endless fruits and vegetables, in particular vegetables. Vegetables come in a wide range of colors and textures, with each offering different health benefits. Vegetables that are colorful tend to offer the high amounts of polyphenols and phytochemicals, which help protect against some of the worst illnesses and diseases around. On the other hand, vegetables that are dark green and leafy (known as cruciferous vegetables) tend to offer high amounts of fiber, vitamin C, calcium, and an ingredient known as Diindolylmethane. Diindolylmethane, also known as DIM, is a naturally occurring compound found in cruciferous vegetables such as cabbage, kale, spinach, broccoli, and Brussels sprouts. It is a generally formed in your body during the digestion process of the cruciferous vegetables and can play a major protective role for your body against some of the most harmful cancers around. Using DIM or eating DIM regularly has been shown to be protective and may play a vital role in the prevention of colorectal cancer, breast cancer, uterine cancer, and even may have preventative aspects against prostate illness.

Take 1 Capsule up to Four times daily



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ULTRA K2

CAPSULE

Vitamin K is an essential nutrient. Exciting new research reveals the many roles of vitamin K, especially vitamin K2, or menatetrenone. K2 is important for bone health. It helps your body to metabolize calcium and contributes to healthy bone density. It also supports cardiovascular health and overall brain health.

Take 1 Capsule three times a day with Meals

EPICOR

CAPSULE

The immune system is one of the keys to supporting health and to keeping you healthy. The immune system is responsible for protecting you from invasion and it also plays a vital role in ensuring wounds are healed and that tissues are replaced if they need to be. The immune system has a number of different cells and compounds that help it to perform its functions properly.

The EpiCor supplement by Complementary Prescriptions contains a natural compound that is derived from yeast. This compound supports and promotes immune function in the body. It encourages optimal mucus membrane and skin health and these structures are your first line of defense. The supplement supports the formation of immune cells that strengthen the immune system. Finally, Epicor encourages the production of B and T-cells to support immune function and to protect the body.

Take 1 capsule daily

LITHIUM OROTATE

CAPSULE

Lithium Orotate is a trace mineral that helps to boost and balance your moods. Studies show it also helps promote mental focus and may improve memory.* Lithium Orotate is easily absorbed, and is 20 times more bioactive than other lithium salts, thereby allowing the individual to take smaller amounts.* Each capsule provides 4.8 mg of elemental lithium.

When salts of lithium are ingested, the lithium ions interact with several neurotransmitters and receptors in the central nervous system, resulting in decreased norepinephrine release and increased serotonin synthesis.

Lithium, like sodium, occurs naturally in a number of different salts. Lithium orotate is a highly bioavailable form of lithium that is available as a dietary supplement. Because of its superior bioavailability, lower doses of lithium orotate may be used to achieve healthy brain lithium concentrations and relatively stable serum concentrations.

Take 1 Capsule twice daily with meals or as directed



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MAG COMPLETE

CAPSULE

Magnesium is important for healthy blood vessels, energy production and for maintaining healthy nerve and muscle function. Mag Complete is a blend of four forms of magnesium, designed for optimal absorption and utilization.

Take 2 capsules 2 times daily with meals

CANDIDA COMPLEX

CAPSULE

Chronic fatigue and mood related disorders can be a sign of various conditions, but one of the most overlooked causes of these symptoms is possibly the overgrowth of Candida Albicans in the body. Candida balance is vital to ensure your optimal health and wellbeing. Candida overgrowth can affect various areas of the body, if it affects the digestive system then it can affect the body's ability to obtain the nutrients it needs from the food you eat. In the urinary tract, Candida can affect urinary function and cause unpleasant and sometimes debilitating symptoms. Like all the beneficial bacteria in the body, balance is the key to maintaining optimal health. The Candida Complex supplement by Complementary Prescriptions offers you a simple supplement designed to help you balance the colonies of Candida present in the body to support the various systems of the body.

Start with 1 capsule up to two times daily

CARDIO HEALTH FORMULA

CAPSULE

There are a number of herbs, vitamins, and minerals that can help to regulate, support and improve the function of the heart to help support your ability to maintain overall health. Hawthorne berry, salvia, and forskolin are herbal extract that have been used for centuries to help support and promote optimal heart function and they can also help to improve the circulatory system. L-carnitine, l-arginine, and l-aurine are nutrients that are vital for supporting and promoting heart health. They help with the transportation of fats and other nutrients into the cells to support the production of enzymes and energy, and they help heart function by supporting and promoting healthy circulation in the body.

The Cardio Health Formula supplement by Complementary Prescriptions offers you a comprehensive blend of l-carnitine, arginine, and taurine along with Hawthorne and other herbal extracts designed to support cardiovascular health."

Take 2 capsules two times daily



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ADVANCED INFLAMMATION SUPPORT

CAPSULE

Inflammation is one of the processes in the body that is crucial for health but that can be devastating to health if left unchecked. Inflammatory chemicals like interleukin 6 and other cytokines are able to remove debris from a site of injury but these chemicals can also damage the body if they are present for longer than necessary. It is therefore essential to ensure your diet contains an abundant source of the compounds and ingredients that can regulate and control the amount of inflammation in the body at one time. Herbs and herbal extracts like Stephania tetrandra root, Boswellia serrata, nettle leaf, green tea, and luteolin all contain compounds that can help to regulate and reduce excessive inflammation. The Advanced Inflammation Control supplement by Complementary Prescriptions offers you these herbs to help you regulate and control inflammation.

Take 2 capsules twice daily

CORE MULTI

CAPSULE

There are certain nutrients, vitamins, minerals, and herbal extracts that are at the very core of being able to maintain optimal health. These nutrients form a comprehensive list of nutrients, but you need to ensure your daily dietary intake includes all of these nutrients to promote health. While it is possible to include all of these nutrients and elements in your diet, it is not practical to ensure your diet contains these nutrients on a daily basis.

The Core Multi supplement by Complementary Prescriptions contains all the elements you need to support and maintain health on a daily basis. Four capsules daily provide herbal extracts like green tea and a full range of the vitamins, minerals, and nutrients required to support healthy energy levels and to support the health of the body in general.

Take 2 capsules twice daily with meals

COGNITIVE HEALTH FORMULA

CAPSULE

The ability to think, reason, remember, and other cognitive functions like mood regulation all depend on a healthy brain to being with. The structure and health of the brain itself is crucial to support healthy cognitive functions. There are therefore various minerals that are required to support and promote healthy brain and cognitive function.

Acetylcholine is essential for supporting healthy neurotransmission in the brain. Huperzine-A supports memory and cognitive function. Vinpocetine supports and promotes healthy blood circulation. Pyroglutamic acid promotes learning and memory. Pantothenic acid and B-12 are essential for healthy brain structure and function.

The Cognitive Health Formula supplement by Complementary Prescriptions offers you a top quality combination of the nutrients required to support and promote healthy brain function and structure.

Take 4 capsules up to two times daily



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GLUCOSE CONTROL FORMULA

CAPSULE

A formulated blend of nutrients designed to be used along with a balanced diet to support healthy blood sugar levels. Vitamin C (fat and water soluble forms); natural vitamin E (both d-alpha and mixed tocopherol); N-acetyl-cysteine, "the ready-to-work", form of the amino acid cysteine and the proven plant favorite, quercetin, provide widespread cellular protection. These antioxidant nutrients protect healthy blood vessels and promote circulation and capillary integrity. The standardized herbal extracts of cinnamon (CinSulin), bitter melon and goats rue, help maintain metabolic balance. These herbs have been used for centuries and, more recently, boast positive results in clinical research trials. And vanadium, from vanadyl sulfate, continues to be investigated for its metabolic role as a trace mineral.

Take 4 capsules up to two times daily

BIOPRO

CAPSULE

Probiotics are supplements containing active cultures of the friendly microorganisms that live in the digestive tract. These organisms depend on you for their survival, and you depend on them for your survival and this synergistic relationship is therefore a key to overall vitality.

The digestive tract relies on these colonies to support digestion, but the functions of these colonies also extend beyond the digestive process. They support and promote optimal immune function and play a crucial role in protecting you from invasion by various types of bacteria. These colonies are however threatened by incorrect diet, antibiotics, and general ill health, and it is vital to ensure your diet contains sufficient quantities of these bacteria to keep supporting the health of these colonies.

The BioPRO supplement by Complementary Prescriptions offers you top quality probiotic strains to help to replace the friendly bacteria that reside in the digestive tract.

Take 2 capsules twice daily

TRANSFER FACTOR ENVIRO

GELCAP

Transfer Factor Enviro™ promotes a healthy immune response to environmental challenges. It provides a targeted formula developed to promote a healthy response to environmental challenges such as poor indoor air quality.

Take 1 gelcap daily

TRANSFER FACTOR L-PLUS

GELCAP

Transfer Factor L-Plus™ specific Immune Support* provides a targeted formula developed to support the body's immune system.

Take 1 gelcap daily



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TRANSFER FACTOR MULTI-IMMUNE

CAPSULE

Transfer Factor Multi-Immune™ is a daily use immune support product, promoting healthy NK cell levels. Transfer Factor works on the cellular (TH1) immunity level (as opposed to humoral (TH2) immunity), and they are often used to promote a balanced immune system (Th1/Th2).

Take 2 capsules 1 hour before eating

TRI-FORTIFY WATERMELON

GEL

Recently presented at the ILADS medical conference, human clinical research demonstrated that Tri-Fortify™ promotes healthy red blood cell glutathione levels & natural killer cell function. With absorption into red blood cells the goal of IV and oral glutathione treatment.

Tri-Fortify™ provides the preferred reduced L-glutathione, the major intracellular antioxidant essential for detoxification in the body, plus vitamin C, in an absorbable liposomal delivery system. The unique liposome structure allows it to combine effectively with the body's natural fluids and penetrate its protective membranes, bypassing the digestive system and directly entering the blood stream. By avoiding the process of digestion, nutrient absorption and utilization is much quicker and more complete.

Teaspoon (5 mL), hold under tongue for 30-60 seconds, and then swallow

BOLUOKE

CAPSULE

Blood may seem simple enough. We need it to live and it flows through our bodies to take all the different compounds we need to the right place. But a lot of complicated systems and processes are going on within the body to keep blood working how it should. Help maintain those complicated systems with Boluoke from Canada RNA Biochemical Inc.

Boluoke is a supplement containing enzymes that may help maintain normal circulation and coagulation of the blood for optimal health.

The unique enzymes in this product come from an equally unique source - earthworms. Used for centuries in traditional medicine systems of the Far East, earthworms can be used for more than baiting a hook or giving the early bird a good breakfast. Earthworms contain lumbrokinase, an enzyme that affects fibrin, a compound in blood involved in coagulation.

This enzyme may support healthy circulation and normal characteristics of the blood, making it beneficial in maintaining already normal heart health.

Take 1 to 2 capsules one to three times daily on an empty stomach or as recommended by a healthcare professional.



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RENELIX 20ML/100ML

DROPS

Renelix is an excellent product for anyone with kidney disease, chronic renal failure, urinary crystals and urinary incontinence. Renelix flushes out toxins accumulated in the kidneys and overall body. Renelix increases your overall sense of well-being which frequently improves your appetite. This is an excellent product to use for anyone exposed to toxic substances. We have hundreds of testimonials--Renelix is a must-have for any dog or cat with kidney disease. Renelix is also an EXCELLENT product for any person with liver or heart issues as it helps to clear out toxins from the body.

15-20 Drops, 3 times per day.

ITIRES OINTMENT 1.2OZ/ DROPS 3.34OZ

OINTMENT/DROPS

The lymph nodes function like small heart muscles that pump and filter between 1.5 to 2.5 liters of lymphatic fluids, pathogens, toxins and cellular waste products per day, enabling an essential detoxification of the body. Acute and chronic illnesses, as well as internal toxins such as free radicals, can completely overburden the lymphatic system, which then urgently needs support of biological medications to meet this increased toxic load. Moreover, it is important to point out that the lymphatic vessels in the intestines (the largest excretion organ for waste products and toxins in the body) must also be stimulated to avoid a re-intoxification via the intestinal walls. Any continuous blockage of the lymphatic system and intoxication of the organs can lead via various stages to exhaustion of the effected cells. Pathogenic conditions that may benefit from ITIRES include lymphatic infections and blockages, swollen glands, acute and chronic infections of the organs and mucous membranes, all pus-producing infections (bronchitis and tonsillitis), mumps, adenoma, mastopathy, benign swelling of the breast glands and neoplasm.

Apply a moderate amount of ointment 2 times per day. Drops take 15-20 drops, 3 times per day.

TOXEX DROPS 1.7 FL. OZ.

DROPS

TOXEX drops are indispensable for excretion of all endogenic and exogenic toxins that can lead to development of acute and chronic illnesses. Regular use of TOXEX drops helps eliminate toxins produced by alcohol, allopathic drugs, septic conditions of the blood, foci, metabolic waste products and heavy metals such as cadmium, lead and mercury found in amalgam fillings. In addition, TOXEX drops have antibacterial properties that make this remedy ideal for treatment of acute infections of the organs and mucous membranes, including bronchitis, angina and tonsillitis. It also stimulates the mucous membranes, the lymphatic system and metabolism, and is useful in treating precancerous conditions. This medication also is beneficial for chronic bacterial infections because it aids the excretion of toxins that have been deposited over the years in the connective tissues.

15-20 Drops, 3 times per day.



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VITAMIN D3

CAPSULE

Vitamin D is inadequate in many individuals and daily need appears to be higher than previously thought. The role of vitamin D in calcium metabolism and bone health is well known.† However, it has many other important physiologic roles that are not as well appreciated. Vitamin D receptors are widely distributed in the body, including colon, prostate, breast and ovary, where it acts to inhibit the excessive growth of body cells and tissues and helps cells mature normally.† Adequate amounts of vitamin D, an essential, fat-soluble vitamin, come from consistent exposure to sunshine and are difficult to obtain from dietary sources. Postmenopausal women, older individuals, and those with malabsorption, limited sun exposure, or certain illnesses may need higher intakes of vitamin D.

1 Capsule daily with food

MAGNESIUM CHELATE

CAPSULE

Magnesium's benefits for enzyme activity, cardiac function, and energy metabolism are far reaching.† As a required cofactor in more than 300 enzymes, magnesium plays a fundamental role in numerous cellular functions including energy production, skeletal and cardiac muscle excitability, neurochemical transmission, bone formation, insulin secretion, normal intracellular calcium, sodium and potassium levels, and the synthesis of carbohydrates, proteins, lipids, and nucleic acids. Albion® amino acid chelate (magnesium bisglycinate chelate) is a highly absorbable and unusually well-tolerated form of magnesium. One of the prevalent pathways for magnesium absorption is via its formation of amino acid chelates which pass readily through the intestinal epithelium.

1-2 Capsules with food daily

SERRALASE

TABLETS

Serralase™ provides potent, vegetarian proteases for use as a systemic enzyme formulation to support tissue repair and maintenance. Proteolytic enzymes activate cells mediating tissue repair and break down cellular debris associated with inflammation metabolism, thereby supporting healthy vascular permeability, modulating tissue restorative processes, and speeding repair. Serratia peptidase, a highly active and specific endopeptidase, is widely used to assist recovery after surgery or trauma, support joint function, and assist the respiratory system in breaking down and clearing mucus. Serratia peptidase also helps protect sensitive gastrointestinal tissue from irritation that can affect tissue health and intestinal comfort.† Research shows Serratia peptidase breaks down biofilm and favorably modulates the immune response.

1-3 Tablets per day between meals



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LAURICIDIN

MINI-PELLETS

Lauricidin acts as an anti-viral by disintegrating the viral envelope that protects the virus in the body. This allows the body to rid itself of the virus. The use of Lauricidin can inactivate microorganisms such as Influenza virus, Pneumovirus, Listeria, Streptococci, Staphylococcus, Helicobacter pylori, and ringworm.

Simply place mini-pellets in mouth and swallow with cool liquid. DO NOT CHEW

MILK THISTLE

CAPSULE

Milk thistle is taken by mouth most often for liver disorders, including liver damage caused by chemicals, alcohol, and chemotherapy, as well as liver damage caused by Amanita phalloides (death cap) mushroom poisoning, jaundice, chronic inflammatory liver disease, cirrhosis of the liver, and chronic hepatitis. Milk thistle is also taken by mouth for loss of appetite, heartburn (dyspepsia), gallbladder complaints, enlarged prostate (benign prostatic hyperplasia), a blood disorder called beta-thalassemia, and infertility. Some people take milk thistle by mouth for diabetes, kidney damage caused by diabetes, hangover, diseases of the spleen, prostate cancer, inflammation in the lungs and chest, malaria, depression, uterine complaints, increasing breast milk flow, allergy symptoms, starting menstrual flow, obsessive-compulsive disorder (OCD), Alzheimer's disease, Parkinson's disease, multiple sclerosis, high cholesterol, and menopausal symptoms.

Take 1 Capsule 3 times a day

ARTEMISIAE-2

CAPSULE

Extract of Artemesia annua, now the first choice worldwide for malaria treatment. Effective against the Lyme co-infection Babesiosis, which has malaria-like characteristics.

Take 1 Capsule 3 times a day

TAKUNA

DROPS

Takuna Microbial Defense from Nutramedix is an herbal supplement with takuna bark extract that supports the body's natural immune system and internal response to challenges. Takuna, also known as Cecropia strigosa, is a tropic tree that is native to South America and some parts of Mexico. The extraction process of the tree bark uses a proprietary method that may promote bioavailability with a bioactive spectrum of natural compounds.

Put 15-30 drops in 4oz of water and wait 1 minute before drinking.



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BURBUR

DROPS

“Burbur Detox from Nutramedix is a liquid supplement that supports the body’s natural processes with *Desmodium molliculum* (burbur leaf extract) harvested from Peru. Burbur leaf (which is sometimes called manayupa) is a perennial herb found in Peru and other parts of South America. It grows up to three feet and has tri-foliated leaves with small purple flowers and bean-shaped fruit. It has been used by native people groups for centuries to support general health and wellness, and more.

This supplement is made with burbur leaves harvested between 1,000 and 3,500 meters above sea level. It is made using a proprietary extraction process to support bioavailability and optimum quality.”

Put 10 drops in 4oz water and wait 1 minute before drinking

AMANTILLA

DROPS

Amantilla Relax-Sleep from Nutramedix is a liquid herbal supplement made with valerian root to support a healthy sleep. Valerian is a flowering perennial plant with sweet-scented pink or white flowers. Valerian has been used for various purposes for many years — in fact, it was once used as perfume in the 16th century. Today, valerian is used to support sleep and a relaxed mood. This extract uses a proprietary extract process that supports bioavailability and absorption. To take, simply shake well before each use and add to water. This supplement may be taken several times per day as needed, at bedtime, or as directed by your physician.

Put 5-15 drops in 4oz of water and wait 1 minute before drinking.

EZOV

DROPS

The unique formulation utilizes a proprietary extraction process that delivers a bioactive, full spectrum extract containing potentially beneficial nutrients from the *Hyssop officinalis* flower, also commonly called Hyssop. Hyssop is a woody-based, shrubby perennial that is a member of the mint family. Ancient herbalists used the plant’s stem-distilled oil to help support the function of the respiratory and circulatory systems.

Put 1-8 drops in 4oz water and wait 1 minute before drinking



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SPARGA

DROPS

“Sparga Sulphur Detox is an herbal supplement made with asparagus root that may support the body’s natural detoxification of free radicals and metabolic waste. The process may support a natural internal response to challenges, including support for the body’s natural immune system.

Asparagus root, also known as *Asparagus officinalis*, is a flowering perennial plant that is now cultivated as a vegetable crop around the world. Asparagus contains a variety of compounds that can be metabolized to yield ammonia that may support the natural processing of waste, including metals and free radicals that can be found in the body as a result of diet, exercise or other normal daily habits.”

Put 10 drops in 4oz water and wait 1 minute before drinking

SEALANTRO

DROPS

“Sealantro Metal Detox from NutraMedix is a dietary supplement that contains a proprietary blend of extracts from three plants, including chlorella, cilantro, and seaweed, which seek to promote normal detoxification of metals that may be present as a result of a natural diet. These ingredients also seek to support homeostasis and the normal passing of waste to promote wellness

Chlorella is a type of photosynthetic efficiency algae that grows in fresh water, and seeks to support a healthy immune response to internal challenges. *Chondracanthus chamissoi* extract is derived from red algae, and seeks to support chlorella. Cilantro is an annual herb typically thought of as an ingredient in recipes. However cilantro leaves contain vitamin A, vitamin C and vitamin K; additionally, it contains minerals that may support a natural immune system.”

Put 40 drops in 4oz water wait 1 minute before drinking

SAMENTO

DROPS

“Samento Microbial Defense from Nutramedix is an herbal supplement that contains an extract from samento bark that is similar to cat’s claw. It may provide optimal bioavailability and delivery for feelings of wellness. This formula does not contain TOA, and may support the body’s natural immune system and internal response to challenges. This formula may also support temporary relief from occasional pain, support the normal detoxification of free radicals and metabolic waste, and support the normal cell division cycle.

Samento is derived from the roots of cat’s claw, which is a vine that is identifiable by the claw-shaped thorn that grows from the stem. The roots of the plant may contain phytochemicals, include alkaloids, glycosides, tannis, flavonoids, and other compounds. When taken as a supplement, these compounds may provide potentially beneficial properties that support a healthy body. ”



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HOUTTUYNIA

DROPS

"Houttuynia from NutraMedix is a liquid dietary supplement formulated from an aromatic herb used in Traditional Chinese Medicine to help support a normal, healthy immune response. It may also help support normal detoxification of the body.

The formula's key ingredient, Houttuynia cordata, also known as the chameleon plant, is indigenous to North-East India and China. It is believed to potentially help support the body's ability to naturally handle various temporary challenges to the immune system."

Put 1-30 drops in 4oz water wait 1 minute before drinking

ENULA

DROPS

"Enula from NutraMedix is an herbal-based dietary supplement that contains a proprietary blend of extracts from three plants: Elecampane (root), Ipomoea jalapa (root) and Vitis tillifolia (stem). Together, these plant extracts may help support a normal, healthy immune response and digestive system. In some traditional medicines, Elecampane (Inula helenium), also known as marchalan, has been used to potentially support the function of the respiratory system. Vitis tillifolia, also known as Blood Wisp or West Indian Grape, is a climbing vine with thick, woody stems, that is commonly found in the Caribbean. It has been historically been used as a tonic to help support normal glandular system.

Ipomoea jalapa, or purga, is a native of South America. The root of this climbing evergreen has been used to help support a normal functioning digestive system"

Put 1-30 drops in 4oz water wait 1 minute before drinking

CUMANDA

DROPS

"Cumanda from NutraMedix is a liquid dietary supplement designed to help support microbial defense. Its key ingredient, Campsiandra angustifolia, is extracted from the bark of the Cumanda tree, which is found in the Amazon rainforest. Indigenous people have used the bark for hundreds of years in various herbal practices. "

Put 1-30 drops in 4oz water wait 1 minute before drinking



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AVEA

DROPS

"Avea Mood from Nutramedix is a liquid natural mood health supplement that is made from the root of the curcuma longa plant, which is also known as turmeric. Turmeric is native to Southeast Asia, where its brightly colored root is used as a cooking spice. It has also been used in the Ayurvedic tradition to support health for many years. Turmeric contains an active ingredient known as curcumin, which works to support joint health, a healthy internal response, a healthy mood, and more. Turmeric is also considered an antioxidant, which is substance that works to protect cells from damaging free radicals.

This liquid supplement is easy to add to water and is formulated using a proprietary extraction process to support purity and bioavailability"

Put 10 drops in 4oz water and wait 1 minute before drinking

BANDEROL

DROPS

Banderol Microbial Defense from Nutramedix is a liquid supplement that supports the body's natural microbial balance with banderol bark. Banderol comes from the bark of the Otoba parvifolia tree, which is native to South America, particularly Peru, Brazil, Bolivia, Ecuador, Columbia, and Venezuela. It grows best in humid, subtropical environments and has been used by native people groups for a variety of purposes. In addition, Banderol Microbial Defense may offer other potential benefits to support your general health. This supplement is created using a proprietary extraction process to support absorption and bioavailability.

Put 1-30 drops in 4oz water wait 1 minute before drinking

STEVIA

DROPS

"Stevia Sweet Herb from Nutramedix is an herbal supplement that contains liquid stevia leaf extract, which yields 300 times the sweetness of sugar and may help natural glucose levels already within the normal range. This formula can be used as a substitute in baking, can be added to teas, or other drinks. Stevia, also known as Stevia rebaudiana, is believed to have first been utilized by civilization in South America at least 1,500 years ago. The plant was first used in drink and medicine, but not until the early 1900s did early chemists first isolate the glycosides that are responsible for its sweet taste. Glycoside is not sugar, but triggers the taste receptors on the tongue. The body does not digest or use these compounds for energy, but instead passes them from the body during urination."

Add 3 or more drops as desired for food



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MORA

DROPS

“MORA from NutraMedix is an herbal supplement consisting of a proprietary blend of three plant extracts, including yarrow, Calycophyllum spruceanum (Capirona) bark and blackberry leaf, designed to help support a normal, healthy immune response.

Yarrow is an herb used to help support gastrointestinal (GI) tract system function. Capirona is a canopy tree that grows in the Amazon rainforest. It is believed to help support healthy-looking skin and may help support a normal immune system. Blackberry leaf naturally contains dietary fiber, vitamin C, vitamin K and manganese, which are all important in helping support a healthy functioning immune system”

Put 1-30 drops in 4oz water wait 1 minute before drinking

PARSLEY

DROPS

Parsley Detox from NutraMedix is a natural herbal supplement made from the extract of the leaves and stems of parsley (*Petroselinum crispum*), which may help support normal, healthy detoxification processes throughout the body. Parsley is a small Mediterranean herb often used as a garnish or in various recipes. It has been used by traditional herbalists to support a normal, healthy immune response. It is also believed to potentially support normal, healthy detoxification processes throughout the body. If you live a busy, active lifestyle, you may be exposed to pollution and stress on a daily basis. Dietary supplementation may help you meet your natural health goals by helping fill nutritional gaps in your diet.

Put 10 drops in 4oz water and wait 1 minute before drinking

ANTI-OXIDANT

CAPSULE

No matter how careful you are about what you eat and what products you use, your body can still contain a number of toxins. It's hard to avoid exposure, when even the air you breathe contains pollutants. Toxins aren't the only thing you have to worry about inside your body: there are also roaming particles called free radicals that can damage your healthy cells. Toxins and free radicals can lead to serious health problems if left unchecked. Thankfully, there are ways for you to reduce the level of toxic buildup. Detoxing your liver and increasing antioxidant activity in your body are both very effective ways to do this. Detoxification involves helping your liver eliminate toxins. Antioxidants are nutrients that destroy free radicals, which are contained in natural, unprocessed foods like blueberries and beans. Taking a supplement that supports both liver detox and antioxidant activity gives you the best chance of fighting these harmful substances. Thorne Research's Anti-Oxidant gives your liver everything it needs for detoxification, along with antioxidants to decrease the number of free radicals present in your body. Each capsule promotes health and vitality.

Take 3 capsules once or twice a day



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BASIC NUTRIENTS IV

CAPSULE

Basic Nutrients IV by Thorne Research is a comprehensive multivitamin and mineral supplement that contains copper and iron and features citrate mineral chelates. Basic Nutrients IV, like so many other Thorne Research products, is free of pre-diluted ingredients and does not contain any hidden preservatives. It also does not contain ingredients that can inhibit absorption, such as stearic acid or magnesium stearate. Basic Nutrients IV does deliver the active forms of folic acid (folinic acid and L-5-methyl-tetrahydrofolate) in a balanced 1:1 ratio, and it provides you with the active and usable forms of vitamins B2 and B6. Basic Nutrients IV features trace minerals that can only be found in Thorne Research products as picolines and Thorne's patented form of chromium, UltraChrome®.

Take 6 Capsules daily

QUERCENASE

CAPSULE

Quercenase is a combination of quercetin phytosome and bromelain. Bromelain is a compound of proteolytic enzymes derived from the pineapple plant. Bromelain has protein-digesting and immune-enhancing properties. Bromelain also contains constituents that help maintain the body's normal inflammatory response, and may help the absorption of quercetin. Quercetin stabilizes mast cells that store and release histamine. Quercetin appears to have many other beneficial effects on human health, including cardiovascular protection, as well as protection of the gastrointestinal tract. A number of quercetin's effects appear to be due to its antioxidant activity. Quercetin scavenges free radicals and inhibits oxidation of LDL cholesterol. By itself, and paired with Vitamin C, quercetin can reduce the incidence of oxidative damage to skin and nerves caused by glutathione depletion.

Take 1 capsule three times daily

L-GLUTAMINE

CAPSULE

Thorne Research's L-Glutamine capsules deliver one of the most valuable free amino acids to the body. Glutamine is generated mainly in the skeletal muscles, and then released into the bloodstream. It subsequently moves to areas in need, which include the kidneys, lungs, brain, skeletal muscles, immune system, liver, and gastrointestinal (GI) tract. Glutamine is critical to preserving optimal immune response, intestinal functioning, and the homeostasis of amino acid—even during times of extreme stress.

Take 1 Capsule three times a day



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FLORAMEND PRIME PROBIOTIC

CAPSULE

“FloraMend Prime Probiotic is a blend of stable, human-strain probiotics that can replenish the intestinal flora and promote overall digestive health and immune health.*

FloraMend Prime Probiotic is a dairy-free, proprietary blend of three essential strains of vital probiotics: Lactobacillus gasseri, Bifidobacterium bifidum, and Bifidobacterium longum. These strains are stabilized in a convenient, one-per-day dosage. Because of the unique culturing methods and proprietary combination of these strains, FloraMend Prime Probiotic is stable at room temperature and does not need refrigeration. FloraMend is provided in an acid-resistant capsule for effective delivery to the gut.”

Take 1 capsule a day with meals

INDOLE-3-CARBINOL

CAPSULE

Indole-3-carbinol (I3C) is a compound found in high concentrations in vegetables of the Brassica family, including broccoli, cauliflower, Brussels sprouts, and cabbage. As a dietary supplement, I3C provides key nutritional support for liver detoxification.* It also plays an important role in supporting female reproductive health.* The majority of ingested I3C is absorbed in the small intestine as diindolylmethane (DIM), which is thought to be the primary contributor to I3C’s beneficial properties. DIM has been shown to selectively bind to estrogen receptors and may act as an estrogen antagonist at physiological concentration. In the liver, I3C promotes the metabolism of estrogen and increases the ratio of 2-hydroxy estrogen to 16-hydroxy estrogen.* The 2-hydroxy estrogens, less active than the 16-hydroxy estrogens, generally are eliminated more rapidly from the body. One prospective study found postmenopausal women with the most favorable urinary 2:16-hydroxyestrone ratio were most likely to maintain good female health.*

Take 1 capsule 1 to 2 times daily



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CITRAMINS

CAPSULE

Thorne Research's Citramins® provides essential minerals, such as copper and iron, which your body needs to stay active and healthy. The minerals contained in this supplement are chelated, which means they're bound to citric acid, ensuring that they're absorbed more effectively by the body. Citric acid plays a key role in the absorption of essential minerals and facilitates many metabolic processes. The citric acid cycle (also known as the Krebs' cycle) generates energy through the oxidation of acetate (a compound found in proteins, fats, and carbohydrates) into carbon dioxide. Citric acid has also been proven to reduce the amount of nutrients excreted in urine, meaning that you retain a higher proportion and experience greater benefit.

Certain groups of people are at increased risk of nutritional deficiencies that can lead to health problems. Older people who suffer from digestive conditions find it more difficult to absorb minerals efficiently; also at risk are people with poor diets, children, teenagers, and those suffering from eating disorders and chronic diseases.

Take 3 capsules daily

OLIVE LEAF EXTRACT

CAPSULE

Tapping into the benefits of natural herbal nutrients can be a great way to give your healthy lifestyle a boost. Olive leaf extract is just one of the many natural ingredients that can potentially support improvements to your health. Thorne Research has formulated their Olive Leaf Extract supplement to deliver these benefits with the ease of a capsule.

Olive Leaf Extract capsules from Thorne Research provide 500 mg of olive leaf extract in each serving. This extract may be able to potentially improve areas of immune system health as well as circulatory efficiency. Extract of olive leaf may also help the body maintain normal inflammatory processes. This can potentially promote a heart healthy lifestyle when combined with a quality diet and exercise.

Take 1 capsule two to three times daily



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STRESS B-COMPLEX

CAPSULE

Healthy adrenal glands play an important role in managing stress effectively. Pantothenic acid (vitamin B5) is part of the B-vitamin complex and is essential for healthy adrenal and immune function. In particular, pantothenic acid serves as the starting material for the synthesis of coenzyme A, which is important for metabolism of fats and synthesis of adrenal hormones. Pantothenic acid plays a key role in the formation of acetylcholine, which is needed in the transmission of nerve impulses. Thorne Research's Stress B-Complex supplies 250 mg of pantothenic acid and the bioactive forms of the other B vitamins in each capsule to ensure you get the most bioavailable B-complex available. Stress B-Complex consists of a group of eight water-soluble compounds: thiamin (vitamin B1), riboflavin (vitamin B2), niacinamide (vitamin B3), pantothenic acid (vitamin B5), pyridoxine and pyridoxal 5'-phosphate (vitamin B6), methylcobalamin (vitamin B12), folate (5-methyltetrahydrofolate), and biotin. Although each B vitamin is chemically distinct, they regularly work together in various biochemical functions throughout the body – including cellular energy production, healthy red-blood-cell formation, and healthy neurological function.

Take 1 Capsule one to three times daily

HCL

CAPSULE

Often, people who are suffering from indigestion, heartburn, gas or acid reflux think they are experiencing symptoms caused by the overproduction of stomach acid: But, the opposite is usually true. This misconception has been reinforced by those who prescribe acid-blocking medications whenever anyone experiences the slightest stomach discomfort. But you don't have to be over 50 to experience these issues. These days, it is becoming more common to see this problem in the younger population. The cause of this epidemic is the standard American diet, which does not promote healthy digestion. This diet is demineralized and lacks essential nutrients that we need to keep our bodies functioning properly. Surprisingly, an excessively low salt intake can also contribute to low stomach acid. Although many cases of inadequate stomach acid production are misdiagnosed, it shouldn't be that surprising: the symptoms of over and under production are the same. This is why it is crucial to visit the doctor for testing to determine whether you're suffering from over or under production of these essential stomach acids.

Take 1 capsule after each meal daily



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HCL ACTIVATOR

CAPSULE

Premier HCL Activator contains a wide range of naturally-sourced mineral/antioxidant complexes for use with Premier Betaine HCL (hydrochloric acid); this liberates the deep cleansing power of Betaine HCL. This program utilizes a two-pronged approach: the HCL Detox Program efficiently boosts the strength of your immune system by substantially improving methylation at the cellular level, as well as by regulating cellular detoxification.

Most people following a standard Western diet—which features many highly-processed foods—tend to experience a decrease in their stomach’s ability to generate hydrochloric acid by the age of 30. As a result, they may need to take an HCL supplement in order to obtain suitable amounts of this crucial digestive aid. Without sufficient levels of HCL, you could suffer from uncomfortable acid reflux or heartburn. When levels of hydrochloric acid fall below the appropriate range, food starts to rot in the stomach and produce lactic acid, the cause of acid reflux. Unfortunately, many popular antacids can actually worsen the condition. On the other hand, Premier HCL Activator capsules provide the nutrients necessary to improve the digestion process and eliminate the problems associated with indigestion.

Take 1 Capsule with each meal daily

CALM PRT

CAPSULE

Calm-PRT by NeuroScience works to decrease stress by reducing elevated cortisol, epinephrine and norepinephrine levels. This product was designed with high-potency Rhodiola rosea and phosphatidylserine to be used to relieve stress, anxiety and restlessness.

NeuroScience specifically formulated Calm-PRT with a combination of ingredients that are designed not only to relieve stress, but to restore communication within the hypothalamic-pituitary-adrenal (HPA) axis.

Take 3 Capsules once to three times daily

OXISOL

CAPSULE

Oxidative stress occurs when the amount of free radicals, including reactive oxygen and nitrogen species (ROS, RNS), exceed the abilities of the body’s genetically-coded defenses (antioxidants) to maintain a balanced state. Oxidative stress impairs the normal function of many body systems including the immune, cardiovascular, nervous, and endocrine systems.¹ Oxisol supports balance between antioxidants and ROS/RNS.* Vitamin E and alpha-lipoic acid (ALA) preserve long-chain polyunsaturated fatty acids found in cell membranes.^{2,3*} ALA also supports glutathione activity by increasing expression of phase II liver enzymes and glutathione regeneration.^{4*} Vitamins A, E, D, and K, along with ALA, reduce ROS levels.^{5*} The combination of ingredients in Oxisol prevents depletion of antioxidants.* Oxisol may be recommended for individuals exhibiting symptoms of oxidative stress or with single-nucleotide polymorphisms (SNPs) in genes coding for antioxidant defenses.

Take 2 capsules daily



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FEMFLAVONE

TABLETS

FemFlavone supports estrogen levels and activity to maintain healthy endocrine function.* With age, reproductive hormone levels and activity decrease. This is partly due to a decrease in D-aspartic acid. This amino acid stimulates the hypothalamic-pituitary-gonadal (HPG) axis to increase the synthesis and release of reproductive hormones.* FemFlavone contains D-aspartic acid and soy isoflavone, which moderates estradiol activity by binding to both alpha and beta receptors.* FemFlavone is recommended for women experiencing hot flashes, lack of focus/concentration, and other symptoms of menopause.*

Take 1 to 3 tablets daily

TRAVAGEN

CAPSULE

Your brain produces many chemicals that influence your behavior. Some of those chemicals—called neurotransmitters—are involved in depression. If you experience the painful effects of depression and anxiety, your levels of serotonin, an important neurotransmitter, may either be low or blocked from their receptors by other chemicals in the brain.

Neurotransmitters are the “feel good” chemicals that support your sense of well-being and help you find joy in the daily experiences of your life. Mild sadness has been linked to an inadequate diet lacking in vitamin C and B complex vitamins. Low levels of serotonin may be also inherited. If you’re depressed, you may be dealing with high levels of stress or many responsibilities. As a result, you may need to maintain your supply of neurotransmitters by taking care of yourself: this usually includes a healthy, balanced diet; daily exercise; relaxation; therapy; and a high-quality supplement. NeuroScience’s TravaGen (Nuvoxil) is a natural supplement designed to help relieve mild feelings of sadness with few major side effects.

Take 1 to 3 capsules daily

FOCUS DL

CAPSULE

Focus DL delivers DL-phenylalanine, allowing practitioners to fine-tune therapeutic regimens. DL-phenylalanine is the precursor to a number of neurotransmitters, including PEA, dopamine, norepinephrine, and epinephrine. Recommended to support focus, memory and metabolic maintenance.

Take 1 - 2 capsules once or twice daily



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SERENE

CAPSULE

Serene is an amino acid formula containing 5-HTP to support serotonergic neurotransmission. As a calming neurotransmitter, optimal serotonin levels are important for healthy sleep and a positive mood. 5-HTP is the direct precursor to serotonin and results in greater serotonin conversion as compared to L-tryptophan. Serotonin, in turn, is the precursor to melatonin and, therefore, helps promote sleep. In addition to 5-HTP, Serene contains vitamin and mineral cofactors essential for serotonin synthesis. Serene supports serotonin to help decrease anxiousness, improve mood, reduce cravings, and promote relaxation. It is recommended for patients with low serotonin levels.

Take 1 capsule one to two times daily

LIVER SUPPORT FORMULA

CAPSULE

Extended Health Liver Support Formula is a natural and complete chemical detox for the liver and will greatly improve liver and digestive function. Recommended prior to performing Extended Health Heart Plus Detox Oral Chelation (heavy metal and cardio system detox).

Take 1-3 Capsules 1/2 hour before each meal

KAVINACE

CAPSULE

Kavinace Ultra PM combines three powerful ingredients to promote the onset and improve the quality of sleep.* Included in this formula is the GABA derivative 4-amino-3-phenylbutyric acid which easily crosses the blood-brain barrier and acts as a GABAB agonist.* Kavinace Ultra PM also contains 5-HTP to support the production of serotonin which is the precursor to melatonin.* The final ingredient is melatonin which helps regulate the sleep-wake cycle while promoting restful sleep.* Kavinace Ultra PM contains stronger GABA support per capsule than Kavinace and is specifically designed to promote restorative sleep by supporting calming neurotransmitters and hormones important for a healthy sleep cycle.*

Take 1 Capsule before bed



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JOINT REVITALIZER

CAPSULE

Collagen plays a vital role in the body. Blood vessels, tissues, and joints all rely on collagen to support flexibility and to support the structural integrity of the tissues. Connective tissues, like joints and cartilage, require abundant sources of collagen to support repair, resorb, and replace tissue. It is therefore vital to ensure your diet contains sufficient nutrients or sufficient collagen to ensure the formation of healthy, structurally sound tissues.

Your body is constantly replacing tissue. Injured tissue and wound healing rely on sufficient stores of collagen to support the repair and replacement of that tissue. The joints also require hyaluronic acid to support and promote fluid retention and moisture retention in tissues and joints. Your body needs chondroitin to produce new cartilage tissue to ensure optimal joint health. The Joint ReVitalizer supplement offers you top quality collagen, chondroitin, and hyaluronic acid in combination with other nutrients, designed to support and promote optimal health and wellbeing by supporting the formation of new healthy joints and tissues.”

Take 2 capsules twice daily

MAGNESIUM MALATE

CAPSULE

Magnesium Malate by NutraMedix is a dietary supplement delivering magnesium (as dimagnesium malate), which is necessary as a cofactor to help support hundreds of important, naturally-occurring biochemical reactions in the human body.

The mineral is needed to help support normal energy storage, protein synthesis, DNA metabolism, muscle building, maintenance of the nervous system, cardiovascular system function and supporting optimal immune system function.

Magnesium is one of the most abundant minerals in the human body. It is commonly found in the bones. If you're not getting the right amount of this mineral in your daily diet, you may want to consider supplementation. Taking Magnesium Malate may help fill nutritional gaps in the diet.

Take 2 capsules twice daily

SERRAPEPTASE

CAPSULE

Serrapeptase 500mg from Nutramedix is a dietary supplement that contains the natural proteolytic enzyme serrapeptase and Jerusalem artichoke extract, and may help the body's natural mobility and comfort when accomplishing daily tasks at home and work. Serrapeptase is an enzyme derived from silk worms that use it to digest their cocoons. When taken as a supplement, the compounds in this formula may support the body's natural cushion during impacts and the body's natural signaling ability. This enzyme may also support the natural fluid viscosity in the body, the body's natural clotting factors, and the natural process that helps to maintain normal levels of plaque.

Take 1-3 capsules once to three times daily



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CHARCOAL

CAPSULES

Health & longevity through the healing power of nature—that's what it means to Trust the Leaf. Activated Charcoal contains many small chambers and cavities that "capture" or bind-up unwanted materials and gas. The charcoal then carries it safely through the digestive system.

Our Activated Charcoal is carefully tested and produced to certified quality standards.

Take 2 Capsules two to three times a day

ZINC GLYCINATE

CAPSULES

Zinc Glycinate is a fully reacted, proprietary TRAACS® amino acid chelate formulated for enhanced absorption. As an essential mineral, zinc serves catalytic, structural, and regulatory functions in the body. Zinc ultimately supports immune and neurological function, growth, taste acuity, nutrient metabolism, and reproductive health.*

Take 1 Capsule Daily

RESBID

CAPSULES

Cysteine is one of the amino acid building blocks that your body uses to produce other vital compounds for health. The body needs an abundance of L-cysteine to be able to produce glutathione. Glutathione is present in every cell in the body where it provides protection for each cell from the potential damage that free radicals can cause. Cysteine can help to prevent liver and kidney damage as a result of an overdose of drugs like Acetaminophen. Cysteine may also offer support for the lungs for certain individuals struggling with conditions like bronchitis.

Take 2 Capsules daily

ZINC 30

CAPSULES

While you may not know it, zinc is an essential mineral that plays an important role in promoting cardiovascular and metabolic health. Zinc also helps strengthen your immune system, and even works to maintain your senses of smell and taste. Some signs that you may need more zinc in your diet include: reduced sense of taste and smell, sadness, stunted growth in children, reduced appetite. While it's preferred that you get your zinc from whole food sources like beef, scallops, and oats, eating a balanced diet that includes enough of these foods may be difficult. This is where a supplement like Pure Encapsulations' Zinc 30 may be able to help. A few health problems zinc may be able to alleviate are: acne, memory loss, inflammatory bowel disease (IBS), infertility in males, influenza.

Take 1-2 Capsules daily



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MITOCHONDRIAL NRG

CAPSULES

Boost your energy levels and improve cellular health with Mitochondrial NRG™ Vegetarian Capsules from Designs for Health®. This GMO-free dietary supplement contains vitamins, minerals, alpha-lipoic acid, and coenzymes Q10 to support mitochondrial metabolism and fight fatigue. Vitamins B1, B2, B3, B6 and B12 may improve memory and brain function, alleviate the risk of heart conditions, and reduce stress, anxiety and mood swings. B vitamins may also boost energy and support DNA repair. Magnesium and manganese could increase the number of red blood cells, process fats, carbohydrates and proteins, and promote the health of your heart, bones, and joints.

Creatine in this dietary supplement from Designs for Health® potentially increases energy levels in athletes and supports muscle contractions. L-carnitine, D-ribose and coenzyme Q10 help your body produce energy and promote the health of your heart, brain and muscles. Curcumin may combat inflammation, joint pain and digestive discomfort. It could potentially maintain healthy cells in your body and improve brain function.

Take 4 capsules per day with meals

MITO PQQ

CAPSULES

Mito-PQQ™ is designed to help support optimal mitochondrial biogenesis, which is critical for the promotion of healthy aging, optimal energy production, and protection from reactive oxygen species (oxidative stress).

Take 2 capsules per day

ALPHA-GLYCOSYL

CAPSULES

Quercetin is an important flavonoid that provides antioxidant protection at the cellular level. It has demonstrated several beneficial effects on the body: scavenges free radicals, promotes DNA integrity, and supports cellular regulation. Has been studied for its support of healthy glutathione levels. Inhibits glucose absorption in the intestines. Supports healthy histamine release and immune response.

Take 1 capsule once to three times daily

ENGYSTOL

TABLETS

Engystol is a homeopathic preparation which has been scientifically proven to significantly reduce the duration and severity of symptoms during an acute viral infection and help protect from subsequent infections. It may be used for both prevention and treatment of viral infections. The ingredients in Engystol work to stimulate the non-specific defense system (immunomodulator). This homeopathic remedy is suitable and safe for use by the entire family.

Take 1 tablet daily



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BHI SLEEP

DROPS

Stress is a risk factor in many ailments. BHI Sleep, with its all-natural blend of ingredients, helps you balance the stressful times in your life by gently relieving stress as well as insomnia. BHI Sleep also helps to prevent the nervous irritability associated with PMS.

Take 15 drops everynight

BHI KIDNEY

TABLETS

Assist in the treatment of urinary disorders like burning or burning when urinating, discomfort caused by kidney stones, albuminuria, renal colic.

Take 1 tablet every 6 hours

BHI ALERTNESS

TABLETS

Heel BHI Alertness is used for the temporary relief of mental fatigue, stress-related irritability and mental symptoms of excessive alcohol or nicotine consumption

Take 1 tablet every 6 hours

BHI CIRCUL

TABLETS

Coadjuvant in the treatment of symptoms related to atherosclerosis, as well as hypertension.

Take as Doctor advises

BHI SKIN

TABLETS

Heel BHI Skin is a homeopathic medication for the temporary relief of eczema, blisters, cold sores, rashes and hives. Eczema is characterized by scaling, thickened patches of skin that can become red and fissured. It may also appear as tiny blisters (called vesicles) that rupture, weep, and crust over. The most troublesome and prevalent symptom of eczema is itching, which may be constant. Cold sores are painful fluid-filled blisters that form on the borders of the lips caused by a herpes virus, most often the herpes simplex 1 virus. The blisters, which are contagious, later break, ooze, and crust over before healing.

Take 1 tablet every 6 hours



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BHI EXHAUSTION

TABLETS

Heel BHI Exhaustion Tabs are used for the temporary relief of fatigue, overexertion, stress and insomnia.

Take 1 tablet every 8 hours

BHI CALM

TABLETS

The BHI CALM is a homeopathic formula for symptoms of stress, anxiety, excitability, insomnia, depression and nervous tension. The CALM formula promotes a sense of well-being and control. No fear of choking or swallowing as you allow to dissolve in the mouth. The CALM formula is for all ages and can be used with other nutritional supplements. Calming usually occurs within a few minutes as it is used sublingually.

Take 1 tablet every 6 hours

BHI CARDOL

TABLETS

Assist in the treatment of headaches.

Take 1 tablet every 6 hours

BHI LIVER

TABLETS

Helps in the treatment of digestive disorders.

Take 1 tablet every 6 hours

BHI LYMP

TABLETS

Decreases the amount of toxins in the extracellular matrix. Supports and stimulates the elimination of endogenous and exogenous toxins.

Take as Doctor advises

BHI NERALGIA

TABLETS

BHI/Heel Neuralgia is a homeopathic medication for the temporary relief of sudden stabbing pain, sharp headache pain and muscle weakness.

Take 1 tablet every 6 hours



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BHI RENDIMAX

TABLETS

Rendimax by Bhi treats symptoms like Stitches in the side Weakness of lower limbs diminishing energy trembling legs Consequences of overexertion sore bruised feeling muscles ache pain in back and limbs joints feel as if sprained overall exhaustion States of exhaustion raised level of vitality Sore tired feeling in the neck shoulders and back cramping and stiffness in thighs and calves weakness in arms extreme muscular debility and prostration.

Take up to 5 tablets before physical activity

BHI CONSTIPATION

TABLETS

For the temporary relief of: Bowel Irregularity; Bloating; Abdominal Cramping

Take 1 tablet every 6 hours

CARDIHEEL

TABLETS

Helps in the treatment of disorders caused by angina

Take as Doctor advises

CRALONIN

TABLETS

For long term treatment of the dysfunctional geriatric heart including myocardial damage, cardiac pain and nervous cardiac disorders.

Take as Doctor advises

WHOLE BODY SUPPORT

DROPS

Supports both physical and the bodys energetics.

Take 1 to 10 drops as needed.

NT- DETOX

DROPS

Detoxification Support

Take 1 drop orally two times per week



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A-BART

DROPS

For support of the immune and nervous systems, and detoxification pathways. Beneficial in addressing Bartonella, Borrelia (tick-borne diseases), and other pathogens. The formula is easily digestible and has an immune balancing effect. A-BART also works to reduce inflammation and congestion and increase circulation.

Take 1 drop orally two times per week

ADRENAL/PARA-NS SUPPORT

DROPS

For restorative support

Take 1 drop orally two times per week

A-BAB

DROPS

For support of the immune and nervous systems, brain function, and microbial defense. This easily digested herbal formula activates the immune response to address Babesiosis (caused by microscopic parasites spread by certain ticks). Also effective in combating malarial and parasitic organisms

Take 1 drop orally two times per week

A-INFLAM

DROPS

For restorative support and the management of inflammatory conditions. A-Inflam also addresses compromised immune function in an easily digestible herbal formula.

Take 1 drop orally two times per week

A-CM

DROPS

Immune Support

Take 1 drop orally two times per week

DETOX-1

DROPS

Detoxification Support

Take 1 drop orally two times per week



LYMEXICO
DR. OMAR MORALES

ARGENTYN 23 NASAL

NASAL SPRAY

Due to unprecedented particle size of 0.8 nanometers Argentyn 23 allows for absorption and excretion. This silver formulation enables a rapid, comprehensive kill of pathogens, thus providing patients with optimal benefit – including the prevention of the development of resistance as seen in typical antibiotic use.

This bio-active colloidal spray supports and strengthens the immune system offering antimicrobial, antiviral, antibacterial and anti-fungal benefits to provide fast and significant relief

Adults 10 sprays

ARGENTYN 23 DROPS

DROPS

Argentyn 23 Silver Hydrosol liquid is a pure, safe homeopathic silver hydrosol liquid dietary supplement that boosts the immune system in a convenient dropper top for ease of delivery and measurement.

1 teaspoon under tongue then swallow

ARGENTYN 23 SPRAY

SPRAY

Argentyn 23® is an exclusive proprietary formula designed to provide safe and precise levels of functional silver. Argentyn 23® features a unique particle size (average 0.0008 microns) and ultra-fine dispersion that may enhance bioavailability of silver ions. The silver content is 99.99% pure. Vegan, non-GMO, and free from gluten and other common allergens.

30 sprays hold under tongue then swallow

ARGENTYN 8 OZ, 16 OZ, 32 OZ

LIQUID

Argentyn 23 Silver Hydrosol may be your most effective tool for maintaining and sustaining your immune defenses in the presence of emerging strains of bacterial, viral and fungal infections, and for tissue regeneration support.

1 teaspoon, hold under tongue for 30 seconds, then swallow

MC-BAB-2

DROPS

MC-BAB-2™ has been formulated to offer support to the immune system's natural ability to guard against microorganisms

Take as Doctor advises



LYMEXICO
DR OMAR MORALES

MC-BAB-1

DROPS

MC-BAB-1™ was formulated to support immunity and promote tissue repair and healing

Take as Doctor advises

ARTEMISIA ANNUA

DROPS

The Artemisia Annu plant extract is the primary active component of the World Health Organization (WHO)'s approved drug of choice for the treatment of malaria, which is Artemisinin-based Combination Therapy, or ACT. The active ingredient in that treatment program is artemisinin.

Take up to 40 drops in 2oz water two-four times a day

CRYPTOLEPIS

DROPS

Cryptolepis sanguinolenta (Periplocaceae) is a member of the genus Cryptolepis. An extract from the root is traditionally used by West Africa Indigenous inhabitants in the Akwapim and Kwahu mountainous areas in Ghana to support the body's response to malaria and is an established antimalarial in West African ethno medicine (Boye and Ampofo, 1983). Traditionally the plant was used not only to manage various forms of malaria but also fevers and some infections caused by bacteria. The plant may also have potential for lessening symptoms of Type II diabetes in addition to possessing powerful antibiotic properties.

Take as Doctor advises

NATURE-THROID

TABLETS

Thyroid hormone is used to treat underactive thyroid (hypothyroidism). It is a natural product made from animal thyroid glands (usually a pig's). It replaces or provides more thyroid hormone, which is normally produced by the thyroid gland.

Take as Doctor advises