



LYMEXICO
DR. OMAR MORALES

IMMUNOLOGICAL SUPPORT Cowden/Shiva Protocol for 90 days

Please try to take following dosages:

⊙ **Samento:** Take on an empty stomach, 15 to 30 min before food, and start with one drop daily in a glass of water. Then increase by one drop daily to a dosage of 30 drops twice daily (before breakfast & lunch).

**Note: If a die-off reaction occurs, stop the Samento for three days, then restart Samento at one quarter of a drop daily, building by a quarter of a drop daily until 5 drops daily is achieved.*

⊙ **Banderol:** Take on an empty stomach, 30 min before food, and start with one drop daily in a glass of water. Then increase by one drop daily to a dosage of 30 drops twice daily (before breakfast and dinner), together with 10 drops of Burbur and 2 capsules of Magnesium Malate.

⊙ **Burbur:** Take 10 drops twice daily before breakfast and dinner, together with 10 drops of Pinella.

⊙ **Pinella:** Take 10 drops twice daily before breakfast and dinner, together with 10 drops of Burbur.

⊙ **Magnesium Malate:** Take 240 mg of magnesium twice daily, with or without food.

**Note: If you develop symptoms such as persistent diarrhea, bloating, or cramping, discontinue for a week, and re-start at 70mg, once daily for 3 weeks.*

⊙ **Hydrosol silver:** Take 1 teaspoon, hold under tongue for 30 seconds and then swallow 5 times daily.

⊙ **Vitamin D3:** Start with 5,000 IU once daily in the mornings. Then increase weekly to 20,000 IU once daily in the mornings.

**Note: Vitamin D may cause allergic skin reactions (inflammation, irritation, rash, and thinning), build-up of calcium in the arteries, changes in cholesterol levels, daytime sleepiness. Must check glucose and calcium levels as well as kidney functions monthly.*

⊙ **Vitamin K2:** Take 200mg in the morning for each 10,000 IU of Vitamin D3.

⊙ **Probiotics:** 20 billion a day, 6 to 10 active ingredients. Start by taking 5 billion in the mornings then increase dosage by 5 billion per week until reaching 20 billion once daily in the mornings.

<http://www.nutramedix.com/store/pc/viewPrd.asp?idcategory=5&idproduct=15>

<http://www.amazon.com/Allergy-Research-Group-ARGENTYN-LIQUID/dp/B006JG7138>

<https://www.natural-immunogenics.com/products/argentyn23.html>

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